

the  kitchen

TURKISH GRILL

cold dips

OLIVES - £3
Marinated green olives with garlic cloves and pickles

CACIK - £5
Fresh yogurt, finely chopped cucumber and dill, crushed fresh mint and garlic, a very refreshing dip

TARAMASALATA - £5
Cod roe mixed with fresh lemon juice, vinegar and extra virgin olive oil. Ideal for dipping

NUT SALAD - £5
Bulgur wheat salad with vegetables and mixed nuts

HUMMUS - £5
Finely blended chick peas, tahini, mixed with fresh garlic and lemon juice, topped with olive oil & a pinch of chilli

EZME SALATA - £5
Chopped fresh tomatoes, peppers, onion, garlics, parsley and mixed herbs

COLD PLATTER FOR TWO £12.5

Cacik, Hummus, Taramasalata, Ezme Salata & Nut Salad

hot dips

CALAMARI - £7
Crispy calamari rings served with tartar sauce

HALLOUMI & HONEY - £6
Sliced halloumi grilled and dressed with sweet honey

SUCUK - £6
Spicy beef sausage

FALAFEL - £5.5
Mashed chickpeas, broadbeans and fresh vegetable fritta

PANKO PRAWNS - £6
Panko crumb coated prawns served with sweet chilli sauce

SIGARA BOREGI - £6
Turkish cigar shaped pastry made with feta cheese and phyllo dough

GARLIC CHEESY MUSHROOMS - £5
Grilled mushrooms cooked in garlic butter & cheese

LIVER & ONIONS - £6
Pan fried liver

HOT PLATTER FOR TWO £17.5

Calamari, Hellim, Sucuk, Garlic Cheesy Mushrooms, Sigarag Boregi & Hot Prawns

mains

ALL MAINS SERVED WITH SALAD AND ON A STRIP OF TORTILLA

CHICKEN SHISH - £14
Marinated large cubes of chargrilled chicken breast

CHICKEN WINGS - £12
Large juicy chicken wings

LAMB KOFFE* - £13
Hand made lamb mince flavoured with herbs & peppers

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Hand made chicken mince flavoured with herbs & peppers

DONER - £13.5
House prepared lamb doner cooked on an upright rotisserie

LAMB RIBS* - £13
Tender lamb ribs

CHICKEN THIGHS* - £12.5
Chargrilled tender boneless chicken thighs

THE M KITCHEN LAMB BURGER - £11
Lamb burger with with cheese & an onion ring served with salad or chips

VEGETABLE KEBAB* - £11
Skewed Aubergine, peppers, onions, mushrooms & tomatos

signature dishes

ALL MAINS SERVED WITH SALAD AND ON A STRIP OF TORTILLA

LAMB SHISH - £15
Large chargrilled cubes of tender prime lamb

CHARGRILLED SEA BASS* - £15
Two fillets of fresh sea bass marinated in oil and herbs

LAMB CHOPS* - £17
Best end cut tender lamb chops served on the bone

ISKENDER - £14.5
Lamb doner served in hot tomato sauce, yoghurt, burnt butter & croutons

KING PRAWN KEBAB* - £22
The finest chargrilled king prawns

COMBO - £23
Our two most popular dishes chicken and lamb shish served together

sharing platters

THE M KITCHEN MIXED GRILL FOR TWO - £35 **SERVES 1-2 PEOPLE**

Chicken shish, lamb kofte, lamb chops & lamb ribs served with rice, bulgur and salad

CHICKEN PLATTER - £42 **SERVES 3-4 PEOPLE**

Chicken shish, chicken kofte, chicken wings & chicken thighs served with rice, bulgur and salad

SPECIAL PLATTER - £55 **SERVES 3-4 PEOPLE**

Chicken shish, lamb shish, lamb kofte, chicken kofte, lamb chops, lamb ribs & doner server with rice, bulgur and salad

sides

CHIPS - £3.5
SWEET POTATO FRIES - £4
RICE - £3.5
SPICY BULGUR - £3.5
ONION RINGS - £4

BABY POTATOES - £4
MAC & CHEESE - £4
MIXED VEGETABLES - £4
YOGHURT - £3
SIDE SALAD - £3

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www.themkitchen.co.uk
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FOOD ALLERGY NOTICE: PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN THESE INGREDIENTS: MILK, EGGS, WHEAT, SOYBEAN, PEANUTS, TREE NUTS, FISH & SHELLFISH. IF YOU HAVE ANY ALLERGIES PLEASE ASK YOUR SERVER FOR OUR FULL ALLERGY LIST.

*THESE MEALS CAN BE MADE AS GLUTEN FREE SIMPLY ASK FOR NO TORTILLA